



Conference Package Lunch Buffet Menu

Monday

Starters

Malay Chicken Samoosa with Peanut Sauce
Spiced Biltong and Peppadew Salad
Thai Shrimp Noodle Salad
Lamb Kibbi with Minted Riata
Baby Potato Salad with Honey and Crispy Bacon
Rocket and Parmesan with Balsamic and Olive Oil
Roast Cherry Tomato and Mozzarella

Mains

Pan Seared Line-fish with Black and White Mussels,
Roast Garlic and Parsley Sauce
Chicken Sweet and Sour Sauce with Wok Fried Noodles
Roast Sirloin of Beef, Pepper Sauce and Onion Rings
Butternut Ravioli and Arabiata Sauce
Oven Baked Root Vegetables
with Basil and Sundried Tomato
Coconut and Cardamom Rice
Rosemary and Cream Potatoes

Dessert

Milk Tart
Berry and Pear Crumble
Sliced Fresh Fruit
Mint Chocolate Parfait
Banana c ~~ne~~ brule



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Tuesday

Starters

Smoked Salmon Niciose
Shrimp Spring Rolls with Chilli Jam
Peri-Peri Chicken Strips with Humus
Beef and Paw-Paw Salad with Asian Dressing
Greek Salad with Organic Feta
Tabouleh
Sliced Tomato and Roasted Red Onion

Mains

BBQ Chicken with Buttered Mielies
Roast Leg of Lamb, Pearl Onions and Fried Egg Plant
Grilled Line-fish, Carrot and Orange Butter
Vegetable Moussaka
Cauliflower and Broccoli with Cheddar Cheese Sauce
Roast Pumpkin and Butternut
Roast Garlic Potatoes

Dessert

Hot Apple Pie and Creamy Custard
Decadent Chocolate Mousse
Peppered Pineapple and Ginger Syrup
Pecan Tart



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Wednesday

Starters

Flame Grilled Pesto Basted Calamari
Malay Bobotie Parcels with Peach Chutney
Shrimp and Avocado Cocktail
Grilled Vegetable Salad
Coronation Chicken Salad
Composite Salad Bar with Condiments and Dressings

Mains

Chicken Tikka Massala with Sambals and Poppadums
Char grilled Rib Steaks, Mushroom Sauce and Wedges
Crispy Battered Line-fish, Tartar Sauce
Vegetable Stir Fry with Soy and Ginger
Cajun Potatoes with Sour Cream and Chives
Glazed Carrots and Fine Beans, Parsley Butter
Pilaf Rice

Dessert

Sticky Toffee Pudding with Ice Cream
Peppermint Fridge Tart
Tiramisu
Berry Tart



Conference Package Lunch Buffet Menu

Thursday

Starters

Wok Fried Beef and Peanut Salad
Cajun Chicken Salad
Sun dried Tomato, Feta and Grilled Courgette
Roast Brinjal and Rocket
Cape Malay Pickled Fish
Tossed Green Salad

Mains

Braised Beef and Onion Pie, Pea and Garlic Mash
Chicken Kebabs, Thai Peanut Sauce and Jasmine Rice
Pan Fried Line-fish with Lemon Butter and Fried Greens
Vegetable Breyani
Sautéed Potatoes
Wok Fried Vegetables with Peanut Oil
Mustard Battered Broccoli

Dessert

Chocolate Éclairs with Hot Chocolate Sauce
and Vanilla Bean Ice Cream
Lemon Meringue
Trifle



Conference Package Lunch Buffet Menu

Friday

Starters

Shrimp and Corn Pakora with Mango and Bean Sprout Salad
Peri-Peri Chicken Livers
Brie and Asparagus Quiche
Asian Coleslaw
Calamari and Chili Salad
Beetroot Salad
Roast Chicken Caesar

Mains

Stir Fried Beef with Buttered Noodles and Penang Sauce
Lemon and Herb Flame Grilled Chicken
Baked Line-fish with a Roasted Prawn Sauce
Mushroom and Swiss Pancakes
Sweet Potato Wedges
Ratatouille
Flash Fried Broccoli with Soy Sauce
Egg Fried Rice

Dessert

Cape Malva Pudding with Van der hum Custard
Banana Fritters and Jalabi
Lemon and Orange Tart
Waffle and Ice Cream Bar