

Price List

SPA JOURNEYS

Choose from our select Spa Journeys, uniquely tailored to accommodate your requirements.

All Spa Journeys and Celebrations include a special gift.

Bali Spa Journey

2 hrs R 990.00

This ritual blends exotic ingredients and celebrated traditions into an unforgettable experience of sheer pampering. The ritual starts with a Balinese Body Massage with jasmine oil, followed by an invigorating scrub with turmeric rice and jasmine, and a cool yoghurt splash. A luxurious flowerpetal bath/shower and moisturising with a fragrant lotion completes your journey.

Indocéane Treatment Journey

2 hrs R 1010.00

A journey to the orient through the Mediterranean and India to finally arrive in China. A new kind of relaxation which renews the body and mind through a feeling of serenity and indescribable inner strength.

Memoire Océane Journey

2 hrs R 1010.00

A major energising ocean treatment that fills the body with positive energy and whisks you away on an amazing voyage of the senses. By revealing our marine origins and awakening our "ocean memory", it allows us to come back to life with new energy.

Cycles of Life

The Re-energising Journey

2 hrs R 990.00

Using principles from Eastern Philosophies to combine techniques such as gentle stretching, acupuncture and bamboo massage. This ritual is designed to conserve energy and to enhance the body's natural flow creating a sense of wellbeing through body, mind and soul.

The Tranquil Journey

3 hrs 30 mins R 1350.00

Before dawn rest is vital in order to rejuvenate and to balance the body's homeostasis. In order to achieve a sense of calm and relaxation this ritual is designed to warm and ground you, leaving you with a sense of serene tranquility. Includes:

- Hot Stone Massage
- Bio-Marine Warm Facial
- Spa Manicure OR Spa Pedicure

The Dawning Journey

2 hrs 45mins R 1350.00

After the calm of winter it is essential that you detoxify and awaken your body. Gentle exfoliation will refresh and invigorate the skin. An aromatherapy massage and Indian head massage will be uplifting and the foot reflex massage will create a sense of bliss.

The Summer Solstice Journey

3 hrs 30 mins R 1650.00

Igniting your body's vital energy truly allows you to experience joy and live with passion. We have combined a selection of treatments that will enhance your wellbeing and at the same time revitalize your energy. Treatment Includes:

- Aromacéane Vitality Envelopment
- Kahuna Massage
- Spa Skin Treatment
- Collagen Eye Treatment

SPA CELEBRATIONS

Mother to Be

2 hrs 30 mins R 1030.00

- Pregnancy massage including Mask
- Spa Pedicure

Couples Treatment

2 hrs R 1850.00

Bali Spa ritual for two and a glass of bubbly.

Bride to Be

2 hrs 30mins R 900.00

- Sweet and Savoury Scrub
- Spa Manicure
- Spa Pedicure

Gents Executive Package

3 hrs R 1300.00

- Hot Stone Massage
- Ocean Men's Facial Treatment
- 30min Foot Reflex Massage

The Camelot Day Spa

5 hrs 30mins R 2100.00

- Salt Body Scrub
- Marine Algae Envelopment
- Camelot Universal Signature Massage
- Spa Skin Treatment
- Spa Manicure
- Spa Pedicure

The Camelot Spa Personalized Journey

2 hrs 30mins R 1100.00
3 hrs 30mins R 1550.00

Camelot Spa has introduced this unique way to tailor-make a Journey especially for you. Choose from any of the treatments below, and spend two or three and a half hours pampering your every need.

- 30min:** Indian Head massage
Back neck and shoulder massage
Salt exfoliation
Hydrobath
Spray Tan
Floatation Therapy

60min: Swedish Massage

- Aromatherapy Massage
- Camelot universal massage
- Spa Skin Treatment
- Marine Algae Envelopment
- Spa Manicure
- Spa Pedicure
- Rasul Treatment (Self Application)

Please ensure that when booking this package, you inform the receptionist which of these treatments you have chosen.

MASSAGE THERAPY

Massage therapy is not only wonderfully indulgent, but holds important health benefits by stimulating the circulation of the body - bringing oxygen and other nutrients to body tissues. It relieves muscle tension and pain, increases flexibility and mobility, and helps clear waste, such as lactic acid, which reduces pain and stiffness in muscles and joints.

Dual Treatment Bookings **

A double treatment room especially designed for couples and friends to enjoy treatments together. Please request upon booking as facilities vary according to each spa.

Back, Neck and Shoulder Massage

30 mins	R 275.00
45 mins	R 350.00
60 mins	R 450.00

This massage helps relieve the tension in the head, shoulders, upper and lower back.

Hot stones can be added to your back, neck and shoulder massage for an additional R 60.00.

Swedish Body Massage

60 mins	R 450.00
90 mins	R 560.00

This classic European-style massage provides a sense of well-being and eases tense muscles.

Deep Tissue Massage

60 mins	R 510.00
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A deep pressure massage to relieve tension.

Aromatherapy

60 mins	R 470.00
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This ancient art of massage combines the use of pure natural essential oils with healing therapeutic strokes.

Camelot Universal Signature Massage

60 mins	R 510.00
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A combination of massage techniques for those who want to experience various types of massage. This massage incorporates the use of our unique massage candle, where the fragrance and softness of your skin lingers in your mind long after you have left the spa.

Hot Stone Massage

60 mins R 510.00

This re-energising stone therapy massage creates a cleansing, harmonising and soothing effect on the body. Using lava stones creates an experience of wholeness and inner serenity.

Kuhuna Massage

60 min R 510.00

Unlike any other form of massage, this technique uses both rhythmic and flowing movements of forearms and elbows, creating an increase in circulation as well as promoting relaxation.

Ukuchina Massage

60 mins R 510.00

This traditional Zambian massage incorporates the use of touch therapy; hot compressors with sugar, as well as stretching aimed at relieving tension.

Foot Reflex Massage

45 mins R 320.00

Relax and balance the body through the stimulation of pressure points situated on the feet.

Indian Head Massage

30 mins R 275.00

A detoxifying massage treatment of the head, scalp, face, neck and shoulders. This is a deeply relaxing massage combined with stimulating techniques, bringing about many beneficial results.

SPA BODY THERAPY

Body Therapy includes holistic treatments which comprise of different elements of massage, envelopment and aromatherapy to provide maximum benefit. We offer a variety of Body Therapies that cleanse, exfoliate, purify and soothe.

Hydrotherapy**

Hydro Bath**

30 mins R 280.00

Immerse yourself in a hydrotherapy bath with additives of your choice: Seaweed, Essential Oils or Milk.

- Seaweed for mineral depletion as experienced by athletes, post-partum women or those suffering from stress. It balances and recharges the system.
- Essential Oils to treat emotional or physical needs.
- Milk is rich in lipids and helps to bind moisture to the skin - soothing, softening and calming. Ideal for those suffering from dry, devitalised skin.

Floataion Therapy **

30 mins R 250.00

"When one or more senses are restricted, the sensitivity of the other senses is expanded". A floatation pool is sealed from natural light and sound, and allows you to experience total physical and mental relaxation. The buoyancy of water and salt, allows your body to float effortlessly, as if in outer space or the dead sea. Escape into a state of complete relaxation and emerge with total wellness of mind, body and soul.

Rasul Treatment **

45 mins R 300.00

The Rasul treatment is a traditional Arabian cleansing ritual, which leaves you feeling calm, and your skin beautifully exfoliated. This ritual is experienced in a private room under the light of a thousand stars. This self application of salt and mud detoxifies and rejuvenates the body. Warm steam envelopes the room, and allows you to comfortably relax and unwind. To conclude this experience, warm tropical rain pours down from the dome to gently wash the mud away. This ritual can be enjoyed with loved ones and friends, and is an effective treatment prior to additional treatments offered at Camelot spa.

Salt Glow

30 mins R 280.00

A mineral salt full body exfoliation, which leaves the skin smooth and radiant.

Sweet & Savoury Scrub

30 mins R 350.00

A full body exfoliation performed by using a delicious purifying body scrub containing brown sugar, salt and Mediterranean Essential Oils. Luxurious and nourishing, it leaves your skin velvety smooth and silky soft.

Memoire Oceane Scrub

30 mins R 350.00

A combination of three algae with anti-stress and anti-fatigue properties together with re-mineralizing salt crystals to exfoliate the body. Your skin becomes soft, smooth and radiant as the gentle scent takes you on a relaxing journey.

**Facilities vary at each spa.

Body Wraps

Marine Prelude

60 mins R 650.00

Drawn from the heart of the Dead Sea, this purifying and softening mud has exceptional mineral richness. This treatment, combined with the marine salts exfoliation, smoothes dryness, whilst offering all the benefits to relax and remineralize the body.

Aromacéane Envelopment

60 mins R 595.00

Aromatherapy has been used for thousands of years for its healing, detoxifying and relaxing properties. This holistic remineralising body wrap, combining natural marine mud and essential oils will leave you feeling relaxed and pampered.

Marine Algae Envelopment

60 mins R 550.00

A deeply relaxing body treatment, providing intensive remineralisation and detoxification. Ideal for skin conditions such as psoriasis, eczema, as well as relieves muscular aches and strains.

Cellulite Treatments

Contrary to popular belief, cellulite is not related to obesity, since it occurs in overweight, normal, and thin women. Common but not exclusive areas where cellulite is found, are the thighs, buttocks, and the abdomen.

LC24 Body Wrap

60 mins R 840.00

The latest technology Thalgomince LC24 has been created to change the destiny of your fat cells. The treatment is concentrated in active ingredients to fight cellulite and release impurities.

LC24 with MMA

60 mins R 730.00

A deeply relaxing body treatment, providing intensive remineralisation and detoxification. Incorporating the LC24 massage, our high actives and exclusive slimming massage technique will ensure slimming results.

SKINCARE THERAPY

Daily home care and regular professional skin-care therapy can help achieve a healthy skin. Facials improve the skin's tone and elasticity by deep cleansing and exfoliating to allow the skin's surface to regenerate, encouraging younger looking skin. Each of our facials, using the immense riches of the sea, focuses on your individual skin-care needs to address dehydration, oiliness, fine lines and premature anti-aging.

Fundamental skin treatments

Receive a complimentary hand or foot and scalp massage during all our skin treatments.

Spa Skin Treatment

1 hr 15 mins R 425.00

A revitalizing skin treatment for all skin types, ideally suited for people having a skin treatment for the first time. This treatment is designed to suit your skin's specific needs.

Ocean Men's Treatment

1 hr 30 mins R 550.00

A detoxifying and revitalizing skin treatment for male skins. Instantaneous, visible results in reducing fine lines and improving hydration levels.

Purifying Back Treatment

60 mins R 400.00

Allow us to treat your back with a brush cleanse, exfoliation, massage and mask treatment. Assists in removing the congestion and tension of problematic areas.

Advanced Skin Treatments

Advanced facial treatments that address various stages of the aging process showing instantaneous results.

Aromatherapy Facial

1 hr 30 mins R 500.00

An intensive customised Aromatherapy treatment for total relaxation. Suitable for all skin types.

Hydra Moisture Source Facial

1 hr 30 mins R 650.00

Suitable for all skin types, this facial featuring the Absolute Hydration range with marine ingredient Seve Marine®, will combat signs of dehydration, leaving the skin softer with improved skin texture.

Micronised Marine Algae Facial

1 hr 30 mins R 470.00

This true Thalassotherapy facial is designed to energise and stimulate your skin. Algae rich in minerals, ensures adequate hydration and a radiant, youthful skin appearance.

Wrinkle Control Fundamental Double Mask Facial

1 hr 30 mins R 945.00

Welcome the new generation wrinkle-by-wrinkle cosmetic procedure. This expert mask uses sterile strips to treat each wrinkle. Aesthetic intervention for a more youthful appearance without plastic surgery.

Bio-Marine Warm Treatment

1 hr 30 mins R 620.00

This delectable, comforting and nourishing facial treatment, will leave your skin saturated with Omega 3 & 6 Fatty acids extracted from micro algae and bio mimetic moisturizer. The mask forms a cocoon, which easily infuses the active ingredients of the products to the heart of the skin.

L'Elixir Exceptional Facial

1 hr 30 mins R 1200.00

This unique mask - a worldwide cosmetic first incorporates a natural cellulose mask and L'Elixir Marine Algae Hormones. This facial treats moisture deficiency, fine lines and wrinkles, and is ideally suited to all skin types concerned with ageing.

O2 Marine Facial

1 hr 30 mins R 490.00

An intensive treatment for dull, polluted, sluggish or stressed skins. This purifying oxygenating treatment incorporates marine and plant proteins, increasing oxygen absorption for a brighter and more glowing skin.

Skin Perfecting Treatment

1 hr R 990.00

Renew your skin to reveal perfection. This skin perfecting programme intensely smoothes the micro-contours of your skin for an even-toned, firm and radiant complexion. The chemical peel works to visibly smooth away wrinkles, fine lines and imperfections.

Pure Collagen Eye Treatment

20 mins R 295.00

An intensive treatment for fine lines and crows feet around the eye contour area. This treatment can either be incorporated into a facial treatment, or enjoyed as a stand-alone treatment.

Optional extras during facial treatments:

- Bust Treatment - improves tonicity of the bust.
- Self heating spinal mask.

These treatments will be charged for accordingly.

WAXING

We offer a complete range of waxing services. Please consult with your therapist to identify your specific needs and desired results.

Lip / Chin / Brow	R 70.00
Underarms / Sides of Face	R 90.00
Bikini/Half Arm	R 95.00
Half Leg / Full arm / Half Chest	R 155.00
Three-quarter Leg / Top of Legs	R 165.00
Full Leg / Back / Chest	R 200.00

SPA BEAUTY TREATMENTS

The finishing touches for a healthy, well groomed, brand new you.

Spa Manicure	60 min	R 270.00
Spa Pedicure	60 min	R 320.00
Revarnish - Colour/ French	15 min	R 120.00
Tint lash and brow	30 min	R 130.00
Tint lash / brow		R 90.00
Spray Tan	30 min	R 275.00

SPA CUISINE

From R 90.00 per dish

A passion for food, combined with the attention devoted to well being, come together in our Spa Cuisine. Dishes are kept low in fat, low in salt and using raw food wherever possible. Spa cuisine is well-balanced and designed, giving the body more energy and encouraging a change in lifestyle.

Our spa cuisine is available on request and is designed to complement all therapies as well as tastes. It is beautifully created to be delicious, healthy and indulgent. Please request the Spa Cuisine Menu on your arrival.

SPA FACILITIES

The spa facilities in each Camelot Spa vary; contact the spa directly for the availability of these facilities.

SPA ESSENTIALS

- Please be advised that certain treatments are subject to availability as facilities differ at each spa. (**)
- Booking in advance is recommended.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist and 30 minutes earlier to use the sauna**/steam facilities followed by a relaxing shower.
- Please alert your therapist for the following contra-indications:
 - High blood pressure or heart conditions
 - Recent surgery
 - Muscle or joint injuries
 - Allergy to iodine, or product allergies
 - Pregnancy, Epilepsy and Diabetes
- In a spirit of mutual respect we kindly request punctuality.
- Ensure cellular/mobile phones are switched off
- Prices are subject to change without notice.
- Gratuities are not included in the treatment price. It is at your discretion to add a gratuity, which is recommended between 10% and 20%.
- Camelot Spa is not responsible for any theft, damage, loss or misfortune that may occur.
- Please note that products bought at our spa's are not refundable.

CANCELLATION POLICY

- 4 Hours advance notice is required for cancellations and rescheduling, if this is not adhered to, 50% of the treatment fee will be charged.
- Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply

GIFT CARDS

Camelot Spa Gift Cards may be purchased online at www.camelotspagroup.com, any Camelot Spa branch or our Head Office.

Nationwide delivery is available when purchasing online or from our Head Office.

SPA CONTACTS:

Camelot Spa Head Office Contact Details:

www.camelotspagroup.com

info@camelotspa.co.za

For more information on our spa's, feel free to contact our Head office on 086 111 4075.

GAUTENG:

Camelot at The Intercontinental Johannesburg, O.R Tambo Airport 011 961 5430

Camelot at Planet Beauty, Planet Fitness, Wanderers 011 327 1245

Camelot at Villa D'Este, Saxonwold 011 646 5152

Camelot at Triba Wellness Centre, Craighall 011 326 0152

Camelot at Velmore Hotel & Spa, Hennops River 012 370 7000

Camelot at Hazeldean Retreat, Pretoria East 082 885 6222

MPUMALANGA:

Camelot at Pestana Kruger Lodge, Kruger National Park 013 790 2510.

WESTERN CAPE:

Camelot at Lagoon Beach Hotel, Milnerton 021 528 2017

Camelot at Le Franschhoek Hotel, Franschhoek 021 876 2735

Camelot at Spier Hotel, Stellenbosch 021 809 1931

Camelot at The Table Bay Health Spa, V&A Waterfront 021 406 5904

Camelot at Mandela Rhodes Place, Cape Town 021 422 2144

Camelot at Plettenberg Park, Plettenberg Bay 044 533 9021

EASTERN CAPE:

Camelot at The Radisson SAS Hotel, Port Elizabeth 041 509 5000

KWA-ZULU NATAL:

Camelot at Zimbali Health & Beauty Spa, Fairmont Lodge at Zimbali, Zimbali 032 538 1455

SWAZILAND:

Camelot at Royal Swazi Health Spa, Royal Swazi Sun, Ezulwini (+00 268) 416 5284

ZAMBIA:

Camelot Spa at Thorntree Lodge, Mosi Oa Tunya National Park (+00260) 213 327480

Camelot Spa at The David Livingstone Safari Lodge & Spa, Livingstone (+00260) 213 324601

OPENING SOON:

Camelot at The Premier Cascades, East London.